

Jewish Sorority gives JFS workshop at OSU high marks

Ohio Jewish Chronicle 3/6/08

Jewish Family Services' (JFS) outreach workers Angela Tashayeva and Lisa Carroll, along with OSU intern Meredith Kahan, met with members of the Jewish sorority Alpha Epsilon Phi on The Ohio State University campus Feb. 26 to talk about healthy and unhealthy relationships.

"The most important thing is to be safe," Tashayeva stressed to the more than 40 young women who attended. "If you are in an abusive relationship, then you need to develop a safety plan, even if you are not in immediate danger. You can call Jewish Family Services for anonymous help, or visit Jewish Women International's (JWI) Web site www.jwi.org for a listing of local and national anonymous hotlines."

Tashayeva went on to explain what constitutes a healthy relationship, the signs of abusive relationships and how girls can help themselves or a friend who may be in an abusive relationship.

The results from the evaluation forms that the students filled out gave the presentation overall high scores. With a 1-5 rating scale (one being the lowest), all answers rated at 4.68 and above. The scores clearly indicated that the information was interesting and presented clearly, and questions were answered completely.

One student commented "This presentation was incredibly helpful." I learned so much about the signs of abuse and how I can help others who are in unhealthy relationships."

Created by JWI, the short film, "When Push Comes to Shove ...It's No Longer Love." Was shown documenting young Jewish experiences with abusive relationships.

"I think the video made the topic meaningful by providing real life examples. I think a lot of us have mentality that it won't happen to me, but the video negated this idea," said one participant.

For more information about future workshops on healthy relationships, contact Tashayeva at (614) 559-0110, via e-mail at atashayeva@jfscolumbus.org or visit the JFS Web site at www.jfscolumbus.org.